

Comparative Efficacy of Different Classes of Antiemetic Medications for the Prevention of Nausea and Vomiting in Cesarean Section: A Network Meta-Analysis

Abstract

Background: Antiemetic medications have been associated with the prevention of nausea and vomiting in cesarean section, although less is known about the comparative efficacy of different medication classes. **Methods:** We conducted a systematic review with network meta-analyses to compare and rank antiemetic medication classes (5-HT₃ receptor antagonists, dopamine receptor antagonists, corticosteroids, antihistamines, anticholinergic agents, sedatives, and opioid antagonists or partial agonists) in terms of preventing intra- and postoperative nausea and vomiting among patients undergoing cesarean section. We included all randomized controlled trials (RCTs) that evaluated any antiemetic medication classes' treatment for target outcomes. Network meta-analysis was conducted with a frequentist approach using the R *netmeta* package. A total of 58 trials were included (6,665 women undergoing cesarean section; mean age, 28.1 years). **Results:** Compared with placebo, all interventions reduced the odds of intraoperative nausea (except antihistamines), intraoperative vomiting (except antihistamines), postoperative nausea (except anticholinergic agents and opioid antagonists), and postoperative vomiting (except opioid antagonists). In terms of intraoperative nausea and both intra- and postoperative vomiting, sedatives ranked first among other medication classes. **Conclusions:** The relative effect sizes for various classes of antiemetic medication in preventing nausea and vomiting in the cesarean section were modeled using the principles of network meta-analysis which may facilitate informed clinical decision-making.

Keywords: *Antiemetics, cesarean section, nausea and vomiting, network meta-analysis*

Introduction

Cesarean section is one of the most frequent surgical procedures performed, comprising about 7% of surgeries worldwide.^[1] Despite remarkable advances in different anesthesia techniques,^[2] intra- and postoperative nausea and vomiting are still present in a significant number of patients. It is estimated that up to 80% of patients undergoing cesarean section experience nausea and vomiting during and/or after the procedure.^[3]

The negative impacts of nausea and vomiting in such surgeries are well-recognized. It can be disturbing and unpleasant to patients and make surgery difficult. In addition, it can complicate the postoperative course in several ways—(i) vomit aspiration, (ii) disturbance of electrolyte and dehydration, (iii) delay in nutrition and fluid intake and oral drug therapy, and (iv) wound dehiscence.^[4,5] Moreover,

surgery-related nausea and vomiting can result in prolonged or unexpected hospital stays or readmission.^[6]

In response to these challenges, it is important for patients undergoing surgery to be provided with sufficient antiemetic prophylaxis.^[7] A broad variety of antiemetic medications are available for the prevention of nausea and vomiting among patients undergoing different kinds of surgeries.^[4] Many studies have evaluated the effects of the available antiemetics to reduce the likelihood of developing nausea and vomiting in cesarean section procedures.

However, the existent trials investigated different ranges of pharmacological interventions in various ways, creating a wide spectrum of information about their efficacy that is difficult to assess through simple direct comparisons.^[8] The lack of

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head-to-head comparisons of various pharmacological interventions renders the choice of treatment a clinical challenge. Therefore, we conducted a network meta-analysis that provided direct, indirect, and mixed evidence^[9] to compare multiple medication classes simultaneously regarding their efficacy in terms of preventing nausea and vomiting in cesarean section.

Methods

We conducted our systematic review in accordance with the PRISMA Extension Statement for Reporting of Systematic Reviews Incorporating Network Meta-analyses of Healthcare Interventions.^[10]

Search strategy

The search strategy was developed in collaboration with a research librarian. Several relevant databases were searched, including Cochrane Central Register of Controlled Trials, CINAHL, Embase, and MEDLINE, from the date of their inception to October 31, 2021 (final search), with no language restrictions. We searched for RCTs on the use of antiemetic medications for nausea and vomiting among women undergoing cesarean section. The initial search was developed in MEDLINE [Supplementary Table 1] and adjusted to other databases. The electronic database searches were supplemented with a manual search of reference lists of all eligible articles as well as relevant reviews.

Eligibility criteria

Types of studies: We included randomized controlled trials (RCTs) of antiemetic drugs in the treatment of nausea and vomiting among patients undergoing cesarean section. We did not restrict the study eligibility by publication status or language. Prospective cohort studies and quasi-randomized studies were excluded.

Types of participants: We included pregnant females undergoing elective or emergency cesarean section under regional anesthesia.

Types of interventions: In this systematic review, we included studies that participants were females undergoing cesarean section under regional anesthesia (either spinal, epidural, or both) comparing pharmacological interventions for preventing nausea and vomiting against placebo or each other (intervention versus intervention comparisons). We set no restrictions on the drug doses or when treatments were applied (either intraoperatively, postoperatively, or both). In this systematic review, we focused on studies where interventions were given with the specific purpose of preventing nausea and/or vomiting.

Thus, interventions of interest were the following drug classifications: (a) serotonin (5-HT₃) receptor antagonists, (b) dopamine receptor antagonists, (c) corticosteroids, (d) antihistamines, (e) anticholinergic agents, (f) sedatives, and (g) opioid antagonists or partial agonists.

We excluded studies in which the focus was on non-pharmacological interventions. We also excluded trials with the express purpose of investigating the effects of drugs on other clinical conditions such as aspiration pneumonitis. Studies that investigated the efficacy of interventions for alleviating established nausea and vomiting were also excluded.

Types of outcomes: The primary outcomes of this network meta-analysis were the incidence of nausea and vomiting categorized as follows:

1. Intraoperative nausea
2. Intraoperative vomiting
3. Postoperative nausea
4. Postoperative vomiting

We excluded studies that did not provide separate data on nausea or vomiting and presented a combined score. We also excluded studies that reported the number of nausea and vomiting episodes, rather than the number of pregnant women who had nausea and/or vomiting.

Study selection and data extraction

Two investigators screened titles and abstracts of citations in duplicate and independently. All records judged potentially relevant were evaluated for full-text eligibility by the same two reviewers. Discordances were discussed with a third reviewer and resolved by consensus. We extracted data on study characteristics including first author, publication year, study settings (country), the mean age of participants, anesthesia type, mean operation duration, intervention characteristics, and outcome data using a structured extraction form (Microsoft Access, 2020).

Risk of bias assessment

The methodological quality of included studies was independently evaluated by two of the reviewers using the Cochrane Collaboration's tool for assessing the risk of bias.^[11] Trials were judged as having a "low," "high," or "unclear" risk of bias across the seven specified domains: sequence generation, allocation concealment, blinding of participants and personnel, blinding of outcome assessment, incomplete outcome data, selective outcome reporting, and other sources of bias.

Statistical analysis

The network meta-analysis was concocted using the R *netmeta* package,^[12] applying a frequentist approach.^[13] The *netgraph* function was used to generate network plots to describe and present the geometry of different forms of interventions. Nodes were used to represent different medication classes and edges to represent the head-to-head comparisons between interventions. Random effect models were employed because of the between-study heterogeneities. We assessed between-study heterogeneities using Cochran Q (weighted sum of squared differences between individual study effects and the pooled effect across studies) and I² (percentage of variation across studies due to heterogeneity rather than chance).

We calculated treatment estimates for all outcomes as odds ratios (ORs), together with their 95% confidence intervals (CIs). The relative ranking probability of each pharmacological intervention being among the best intervention was obtained using *P*-score and displayed using a *netrank* plot.^[14] A higher *P*-score meant better treatment. A node-splitting method was used to split network estimates into the contribution of direct and indirect evidence and to test for local inconsistency in network meta-analysis. To assess the global inconsistency in each model, we used *decomp.design* function. A *P* value < 0.005 was considered suggestive of significant inconsistency. Publication bias was assessed using comparison-adjusted funnel plots. *P* values < 0.005 indicated a significant difference.

Results

We identified a total of 1,613 potentially relevant records through database searching in addition to 25 records retrieved by manual citation search. The results of the literature search and selection process are shown in the PRISMA flowchart [Figure 1].

Characteristics of included studies

A total of 58 RCTs,^[15-69] comprising 6,665 randomized pregnant women, were mostly of small size with a median (IQR [range]) number of 90 (67–149 [40–300]) participants, with a median age of 28.1 years (IQR: 26.3–30.2) and published between 1987 and 2020 (with 80% from 2000 onward). The included studies emanated from 18 separate countries and most of them were from the USA (11 studies), followed by Iran (8 studies) and India (6 studies). In this review, 14 single antiemetic medications under seven classifications were included. Most trials investigated only a single drug (38 studies), and the remaining 20 studies were multi-arm trials with more than one medication agent [Supplementary Table 2].

The risk of bias summary is provided in Figure 2. Of the 55 studies, many were deemed to be of unclear or high risk of bias in three domains as follows: allocation concealment (*n* = 50 [90%]), blinding (*n* = 31 [56%]), and selective reporting (*n* = 55 [100%]). The risk of bias for each study is shown in Supplementary Figure 1

Assessment of publication bias

Comparison-adjusted funnel plots [Figure 3] were symmetrical, implying evidence of publication bias.

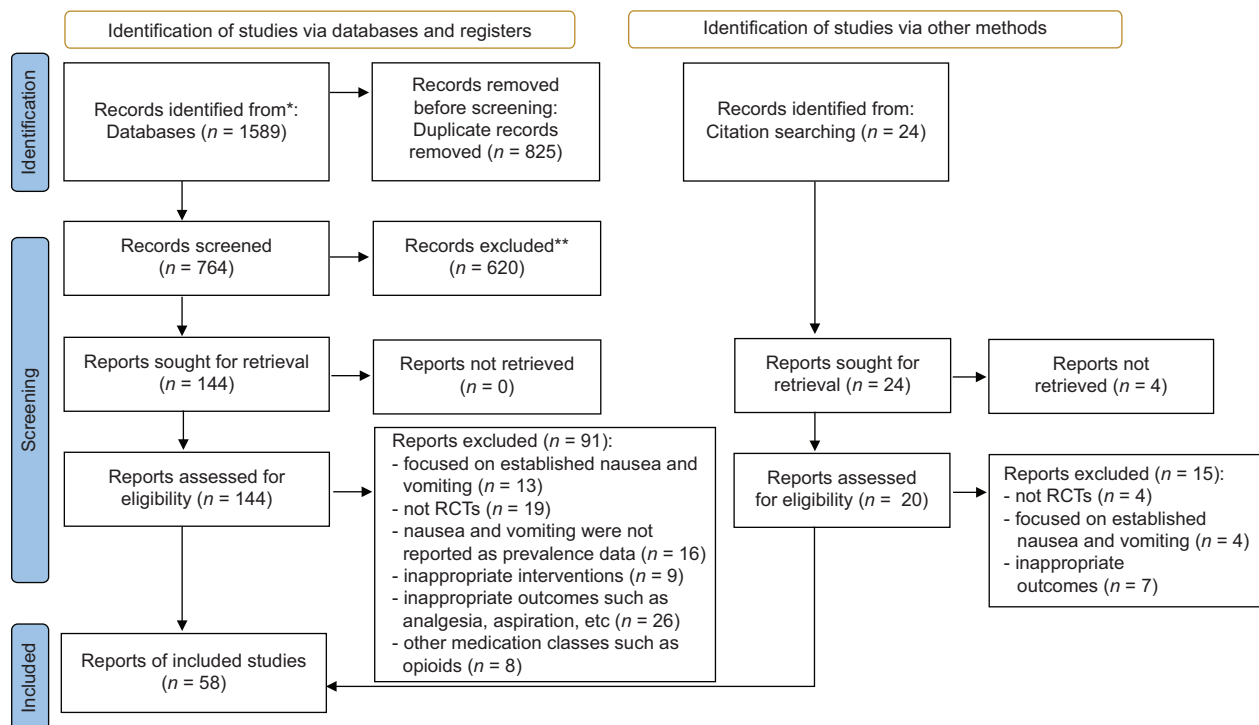


Figure 1: Study selection for the meta-analysis

Intraoperative nausea

Figure 4 shows the network of eligible comparisons for intraoperative nausea, including 38 RCTs with 4,100 pregnant women and six antiemetic medication classes, and a placebo. Dopamine receptor antagonists ($n = 15$ studies), 5-HT3 receptor antagonists ($n = 12$ studies), and sedatives ($n = 8$ studies), all compared with placebo, were the most common comparisons.

Of the six included pharmacological interventions, five medication classes had significantly greater effects on intraoperative nausea compared with placebo as follows: dopamine receptor antagonists (OR = 0.27, 95% CI: 0.19–0.40), 5-HT3 receptor antagonists (OR = 0.32, 95% CI: 0.23–0.44), anticholinergic agents (OR = 0.33, 95% CI: 0.19–0.57), and sedatives (OR = 0.44, 95% CI: 0.28–0.70) [Figure 5]. According to the P -score for the prevention of intraoperative nausea, dopamine receptor antagonists were ranked the best among all treatments [Figure 5].

Intraoperative vomiting

Among the eligible trials considered in this review, 34 studies, involving 3,857 patients, reported data on intraoperative vomiting. The network of eligible comparisons for this outcome is shown in Figure 4. Dopamine receptor antagonists ($n = 12$), 5-HT3 receptor antagonists ($n = 11$), and sedatives ($n = 8$), all compared with the placebo, were the most common comparisons.

Figure 5 shows the effects of intraoperative vomiting between active pharmacological interventions and placebo. This

ranking plot demonstrated that sedatives (OR = 0.25, 95% CI: 0.15–0.41), dopamine receptor antagonists (OR = 0.34, 95% CI: 0.21–0.54), 5-HT3 receptor antagonists (OR = 0.35, 95% CI: 0.24–0.51), corticosteroids (OR = 0.44, 95% CI: 0.24–0.82), and anticholinergic agents (OR = 0.49, 95% CI: 0.28–0.87) were significantly more efficacious than the placebo. According to the rank-heat plot, sedatives were the most effective pharmacological interventions for preventing early intraoperative vomiting [Figure 5].

Postoperative nausea

For estimating the drug efficacy against postoperative nausea, we looked at data from 3,251 individuals from 26 studies. The network diagram [Figure 4] presents direct comparisons among classes. 5-HT3 receptor ($n = 10$), dopamine receptor antagonists ($n = 7$), and corticosteroids ($n = 6$), all compared with placebo, were the most common comparisons.

Figure 5 provides the network meta-analysis results with the ranking of all medication classes compared with placebo for intraoperative nausea. This ranking showed that sedatives (OR = 0.17, 95% CI: 0.07–0.40), antihistamines (OR = 0.25, 95% CI: 0.13–0.48), 5-HT3 antagonists (OR = 0.25, 95% CI: 0.17–0.39), corticosteroids (OR = 0.35, 95% CI: 0.21–0.60), and dopamine receptor antagonists (OR = 0.45, 95% CI: 0.26–0.75) were significantly superior for placebo in preventing intraoperative nausea. Two other antiemetics (i.e., anticholinergic agents and opioid antagonists) showed no significant beneficial effect compared with a placebo.

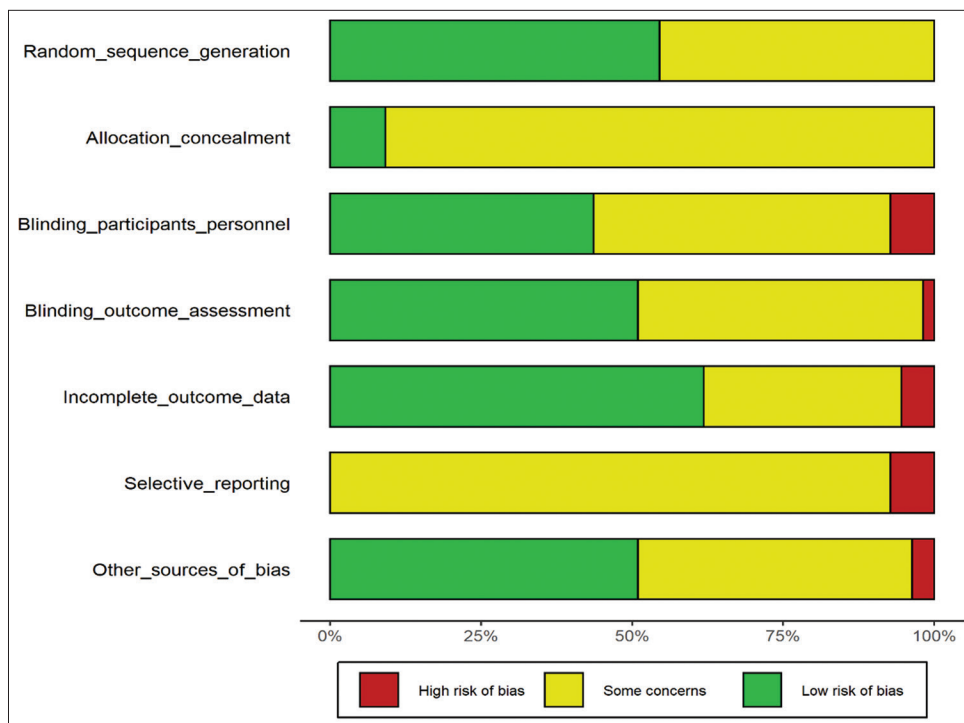


Figure 2: Risk of bias summary

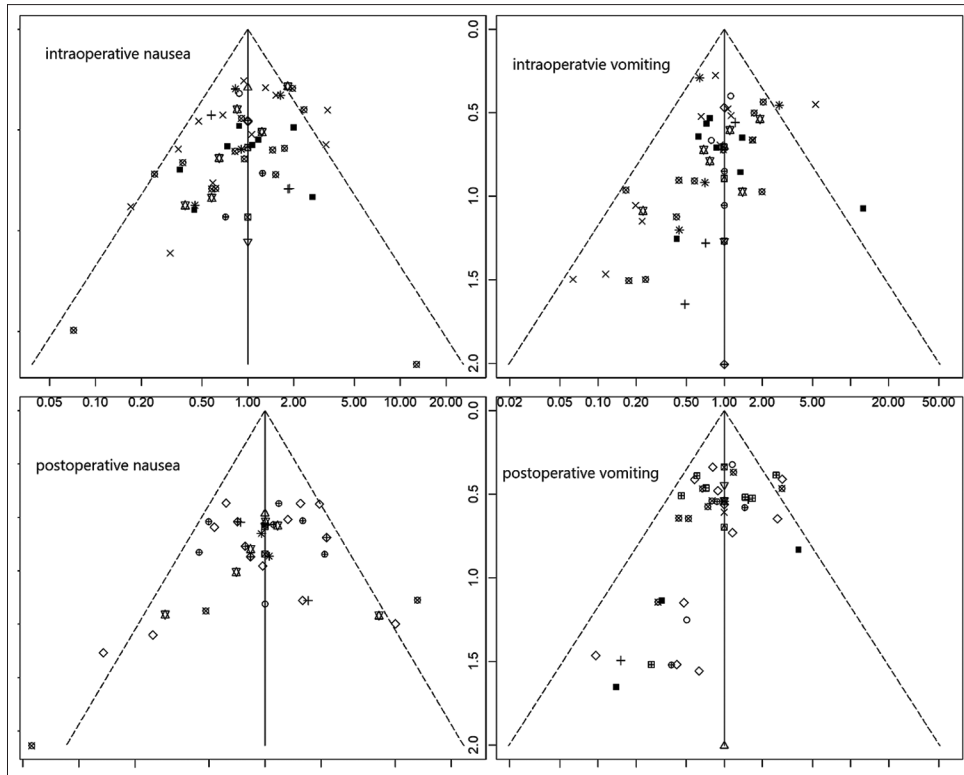


Figure 3: Comparison-adjusted funnel plots of trials included in the network meta-analysis for each outcome

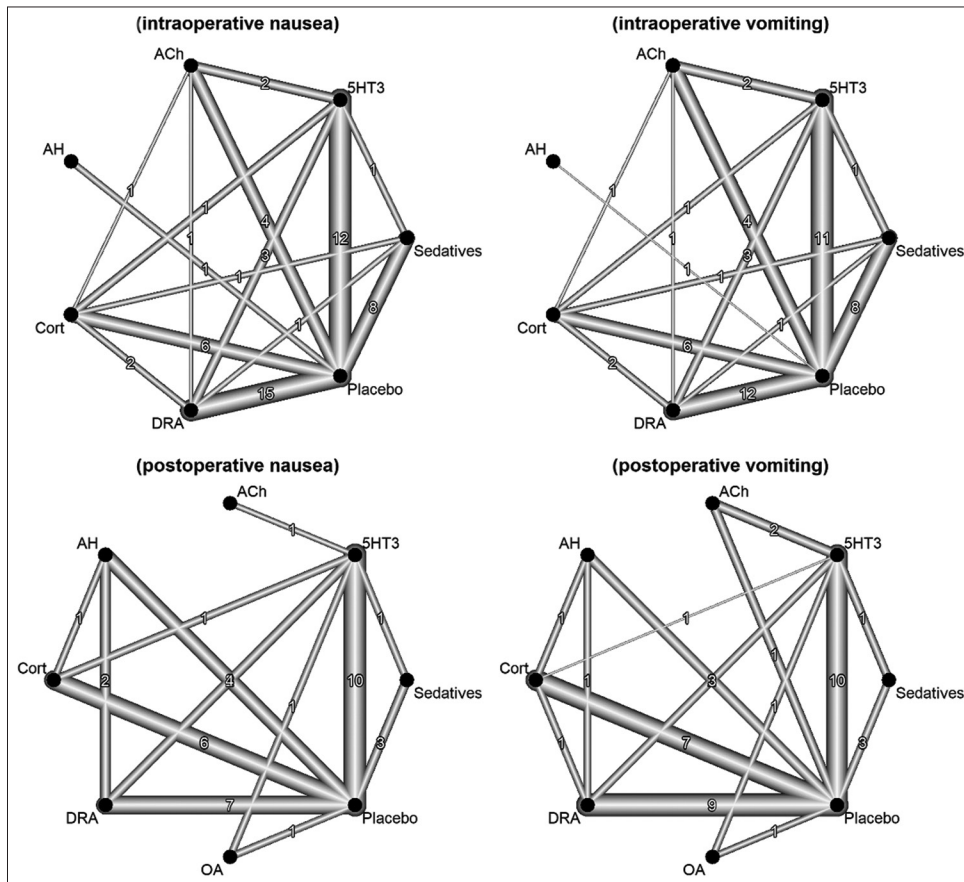


Figure 4: Network diagram representing direct comparisons among medication classes. The width of lines indicates the number of trials in which each direct comparison is made

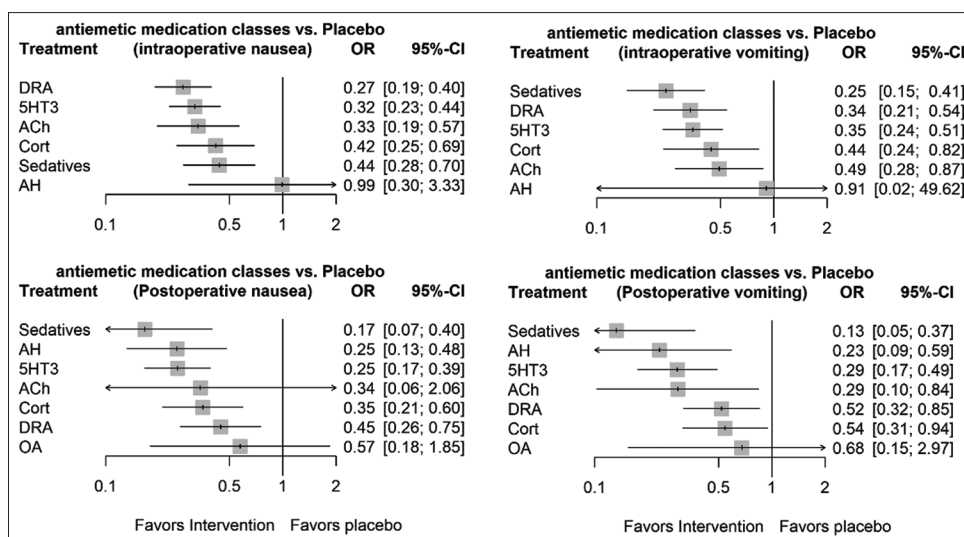


Figure 5: Treatment efficacy in the prevention of nausea and vomiting among patients undergoing cesarean section. Heterogeneity statistics: intraoperative nausea (I^2 : 40.2, Q = 51.9); intraoperative vomiting (I^2 : 23.0, Q = 49.8); postoperative nausea (I^2 : 51.8.2, Q = 53.9); postoperative vomiting (I^2 : 47.2, Q = 34.9)

The rank-heat plot of treatments [Figure 5] showed that sedatives had the most preventive effect among other medication classes in terms of postoperative nausea.

Postoperative vomiting

Twenty-eight trials were included in the network meta-analysis for postoperative vomiting, with 3,608 pregnant women and seven interventions (6 drug classes and placebo) [Figure 4]. 5-HT3 receptor antagonists (n = 10 studies), dopamine receptor antagonists (n = 9 studies), and corticosteroids (n = 7 studies), all compared with placebo, were the most common comparisons.

For postoperative vomiting, all classes of medications, but opioid antagonists, had significantly beneficial effects compared with the placebo with 46% to 87% relative risk reductions. The specific estimated ORs were as follows: sedatives (OR = 0.13, 95% CI: 0.05–0.37), antihistamines (OR = 0.23, 95% CI: 0.09–0.59), 5-HT3 antagonists (OR = 0.29, 95% CI: 0.17–0.49), anticholinergic agents (OR = 0.29, 95% CI: 0.10–0.84), dopamine receptor antagonists (OR = 0.52, 95% CI: 0.32–0.85), and corticosteroids (OR = 0.54, 95% CI: 0.31–0.94). Opioid antagonists showed no significant beneficial effect compared with the placebo [Figure 5]. According to the P -score plot, of all medication classes, sedatives were ranked first for the prevention of postoperative vomiting [Figure 6].

Heterogeneity and consistency analysis

The evaluation of inconsistency in the contribution of direct and indirect evidence using a node-splitting method showed that there were no inconsistencies among almost all studies (P > 0.05). In addition, the results of the decomp.design function supported the global consistency for all models, indicating the reliability of the results [Supplementary Tables 3 and 4].

Discussion

Although several systematic reviews on pharmacological interventions for the prevention of post-cesarean nausea and vomiting have been performed,^[70,71] they were conducted using traditional meta-analysis. In contrast, we have used network meta-analysis to evaluate the evidence for medication classes' efficacy in preventing these outcomes. Unlike conventional meta-analysis, where only two interventions are compared by applying pooled head-to-head data, network meta-analysis allows not only for comparisons between multiple interventions but also for comparisons between interventions that have not been compared directly in RCTs.^[72] These advantages allow clinicians to reach informed treatment decisions based on evidence from network meta-analysis, specifically in the absence of direct comparison of candidate treatments. In this systematic review, we included all antiemetic options for investigating their effect on the prevention of post-cesarean nausea and vomiting.

This network meta-analysis indicates that most of the antiemetic pharmacological classes were statistically superior to placebo in terms of nausea and vomiting among women undergoing cesarean section. For example, In a study conducted by Tkachenko and Pyasetska in 2019, it was found that the addition of 4 mg intrathecal dexamethasone as an adjuvant for spinal anesthesia in the elective cesarean section can significantly decrease the frequency and manifestations of nausea.^[23] In another study, 3 mg (3 ml) of Granisetron was injected after intrathecal injection. The results of this study showed that Granisetron is an effective way to prevent shivering, nausea, and vomiting during cesarean delivery under spinal anesthesia with no effect on the Apgar score.^[39] However, some investigations showed no significant difference in the number of patients experiencing postoperative nausea and

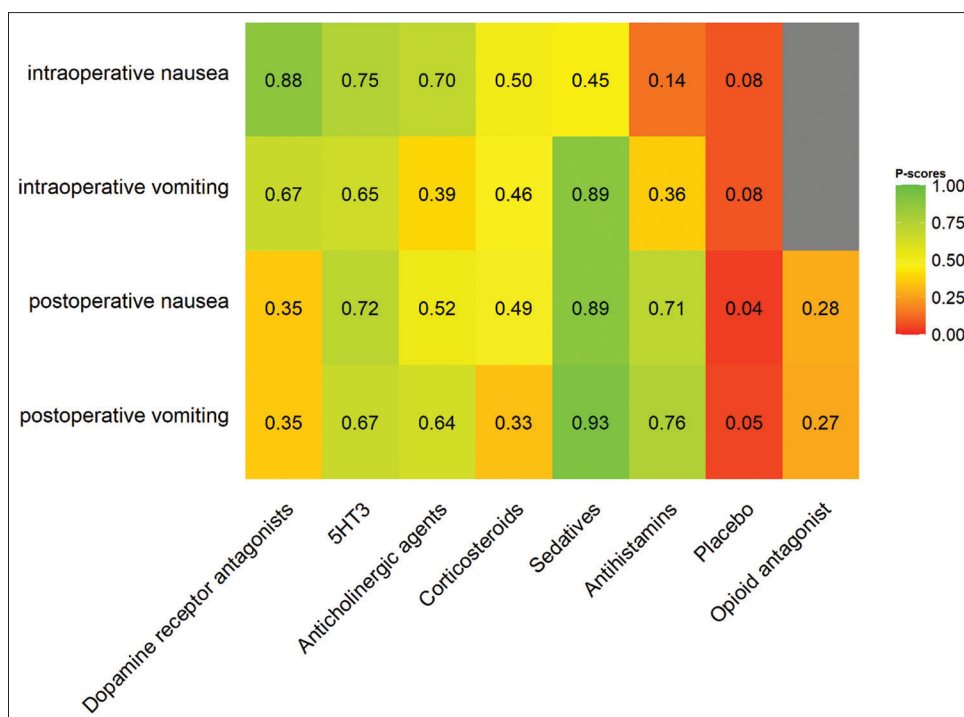


Figure 6: Results of P-score analysis in terms of each outcome

vomiting between the treatment and control groups.^[26] Also, the result of the present network meta-analysis is consistent with results from previous conventional meta-analyses,^[70] and a possible explanation for these results may be the multi-factorial pathogenesis of postoperative nausea and vomiting.^[73] However, the previous traditional meta-analyses were unable to conclude superiority due to the absence of a direct comparison. In the present network meta-analysis, which included all direct and indirect comparisons, we found that sedatives were significantly better than other medication classes in terms of three of the four selected outcomes, that is, postoperative vomiting, postoperative nausea, and intraoperative vomiting.

The current network meta-analysis showed that different pharmacological classes have different efficacy in terms of nausea and vomiting at different time points (i.e., intraoperatively or postoperatively). These findings further support the idea that drugs with different mechanisms of action (represented as different medication classes in this review) should be used in combination to optimize their efficacy.^[74]

The included trials showed that emetic symptoms are very common in both intra- and post-cesarean sections. Non-intervention arms of included studies suggested that the prevalence of nausea during cesarean section ranges between 20 and 60% (data not shown). This finding corroborates the recommendations of available guidelines,^[75] suggesting a focus on the treatment of prophylaxis rather than emesis at cesarean section. After the advantages of a single medication, classes had been established in this

network meta-analysis, and future research needs to move toward combining antiemetics classes for improved efficacy as these kinds of trials are scarce.

Limitations of the study

This study has limitations that should be considered when interpreting the results. First, most of the included trials in our network meta-analysis had an unclear or high risk of bias for most domains, which decreased this study's overall evidence level. Second, there were potential heterogeneities in patients' characteristics as well as surgical procedures or postoperative care that could have confounded or affected findings for the target outcomes. Third, we could not retrieve additional unpublished reports and are aware that a substantial amount of information is not publicly available. Finally, differences in the time frame outcome evaluation also could not be assessed due to a limited number of studies in certain time frames.

Conclusion

In conclusion, all topically applied medication classes included in this network meta-analysis were efficacious in terms of most of the targeted outcomes. Sedative agents were highly efficacious in preventing nausea and vomiting among women undergoing cesarean section surgery. However, a similar network meta-analysis is required to rank each treatment option in terms of potential adverse effects.

Ethical considerations

Ethical issues (including plagiarism, informed consent, misconduct, data fabrication and/or falsification, double

publication and/or submission, redundancy, etc.) have been completely observed by the authors.

Authors' contributions

ZA and SA contributed to the concept and design of the study. ZA and SH contributed to the analysis and interpretation of the data. EDM, SGS, AM, MM, and SA contributed to the critical revision of the article and writing of the manuscript. All authors reviewed the manuscript.

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Conflicts of interest

There are no conflicts of interest.

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Comparative efficacy of different classes of antiemetic medications for the prevention of nausea and vomiting in cesarean section: a network meta-analysis

Supplementary File

Supplementary Table 1: Search Strategy

Data source: MEDLINE	
1	Delivery, Obstetric/
2	exp Cesarean Section/
3	exp Extraction, Obstetrical/
4	Obstetrical Forceps/
5	("c section*" or c-section* or cesar* or caesar* or delivery mode or delivery modes or elective cs or "mode of delivery" or obstetric* forcep* or planned cs* or ventouse*).ti,ab,kf
6	1 OR 2 OR 3 OR 4 OR 5
7	exp "Postoperative Nausea and Vomiting"
8	exp Anesthesia Recovery Period
9	postoperative adj3 (care or nausea or vomit*).mp.
10	(recovery adj3 (room or an?esthesia or period)).mp
11	PONV
12	7 OR 8 OR 9 OR 10 OR 11
13	(randomized controlled trial).pt
14	(controlled clinical trial).pt
15	randomized.ab
16	clinical trials as topic.sh
17	placebo.ab
18	randomly.ab
21	13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20
22	6 AND 12 AND 21

Supplementary Table 2: characteristics of included studies

study	country	anesthesia	surgery duration (min)	mean age (yrs)	outcome	drug1	No. of patients in group 1	No. of events in group 1	drug2	No. of patients in group 2	No. of events in group 2	drug3	No. of patients in group 3	No. of events in group 3	drug4	No. of patients in group 4	No. of events in group 4
Abdel-Aleem 2012	Egypt	Spinal		24.9	Nausea postoperatively	Corticoids- Dexamethasone - 8 mg	60	25	Placebo	60	48						
Abdel-Aleem 2012	Egypt	Spinal		24.9	Vomiting (and/or retching) postoperatively	Corticoids- Dexamethasone - 8 mg	60	16	Placebo	60	32						
Abdollahpour 2015	Iran	Spinal		28.3	Nausea postoperatively	Sedatives- Midazolam - 0.2 mg/kg	25	3	Placebo	25	8						
Abdollahpour 2012	Iran	Spinal		28.3	Vomiting (and/or retching) postoperatively	Sedatives- Midazolam - 0.2 mg/kg	25	1	Placebo	25	5						
Aboueleish 1999	UK	Spinal	47.5	26.7	Nausea intraoperatively	5-HT3- Ondansetron - 4 mg	36	21	Placebo	38	30						
Aboueleish 1999	UK	Spinal	47.5	26.7	Vomiting (and/or retching) intraoperatively	5-HT3- Ondansetron - 4 mg	36	13	Placebo	38	22						
Aplilogulari 2007	Turkey	unclear			Nausea postoperatively	D2- Metoclopramide - 10 mg	58	11	Placebo	63	20	Antihist- Dimenhydratate - 50 mg	62	8	Antihist- Dimenhydratate - 100 mg	60	3
Aplilogulari 2007	Turkey	unclear			Vomiting (and/or retching) postoperatively	D2- Metoclopramide - 10 mg	58	13	Placebo	63	10						
Baciarello 2011	Italy	Spinal		34.3	N+V Postoperatively	Antichol- Atropine - 100 mcg	139	34	Placebo	65	33						
Biswas 2003	India	Spinal	67.2	24.2	Nausea intraoperatively	D2- Metoclopramide - 10 mg	20	4	Placebo	20	8	Corticoids- Dexamethasone - 8 mg	20	2	Antichol- Glycopyrrolate - 0.2 mg	20	2
Biswas 2003	India	Spinal	67.2	24.2	Vomiting (and/or retching) intraoperatively	D2- Metoclopramide - 10 mg	20	2	Placebo	20	3	Corticoids- Dexamethasone - 8 mg	20	2	Antichol- Glycopyrrolate - 0.2 mg	20	1
Caba 1997	Spain	Intradural			Nausea intraoperatively	Sedatives- Propofol - 10 mg	26	5	Placebo	31	5						
Caba 1997	Spain	Intradural			Vomiting (and/or retching) intraoperatively	Sedatives- Propofol - 10 mg	26	1	Placebo	31	2						
Caba 1997	Spain	Intradural			Nausea postoperatively	Sedatives- Propofol - 10 mg	26	2	Placebo	31	1						

Harnett 2007	USA	Spinal						80	15	Placebo	81	9	5-HT3- Ondansetron - 4 mg	79	16		
Harnett 2007	USA	Spinal						80	32	Placebo	81	59	5-HT3- Ondansetron - 4 mg	79	33		
Hassamein 2015	Egypt	Spinal	53.6	29.3				45	8	Placebo	45	13	Sedatives- Ketamine 0.4.mg/kg	45	6		
Hassamein 2015	Egypt	Spinal	53.6	29.3				45	5	Placebo	45	9	Sedatives- Ketamine 0.4.mg/kg	45	4		
Huang 1992		Regional						50	4	Placebo	50	15					
Jaafarpour 2008	Iran	Spinal						40	2	Placebo	40	7					
Jaafarpour 2008	Iran	Spinal						40	1	Placebo	40	8					
Kasodekar 2006	Egypt	Spinal						88	16	Placebo	88	14					
Kasodekar 2006	Egypt	Spinal						88	4	Placebo	88	6					
Khalayleh 2005	Iran	Spinal						48	3	Placebo	50	21					
Kim 1999	South Korea	Spinal & epidural						20	1	Placebo	20	0					
Koju 2015	Nepal	Spinal						25	2	Placebo	25	14					
Kotliko 1989	USA	epidural						102	43	Placebo	101	71					
Kotliko 1989	USA	epidural						102	33	Placebo	101	53					
Lussos 1992	USA	Spinal						21	0	Placebo	21	12					

Year	Country	Site	Age (years)	Sample Size (n)	Intervention	Control	Duration (days)	Outcome	Effect Size (d)	Significance (p)	Quality Score	Notes
Niu 2018	China	Spinal		40	Sedatives- Propofol TCI target 1 ug/ml	Placebo	3	40		0.9	40	
Nortcliffe 2003	UK	Spinal		30	Corticoids- Dexamethasone - 8 mg	Placebo	18	30		0.20	30	10
Nortcliffe 2003	UK	Spinal		30	Corticoids- Dexamethasone - 8 mg	Placebo	17	30		0.18	30	9
Pan 1996	USA	epidura	58.6	16	5-HT3- Ondansetron n - 8 mg	Placebo	5	16		0.11	16	4
Pan 1996	USA	epidura	58.6	16	5-HT3- Ondansetron n - 8 mg	Placebo	1	16		0.07	16	2
Pan 2001	USA	epidura		51	D2- Metoclopramide - 10 mg	Placebo	8	51		0.13	54	7
Pan 2001	USA	epidura		51	D2- Metoclopramide - 10 mg	Placebo	26	51		0.36	54	14
Pan 2001	USA	epidura		51	D2- Metoclopramide - 10 mg	Placebo	9	51		0.19	54	8
Pan 2001	USA	epidura		54	5-HT3- Ondansetron n - 4 mg	Placebo	13	54		0.29	51	22
Pan 2003	USA	epidura	26.5	20	5-HT3- Ondansetron n - 4 mg	Placebo	2	20		0.13		
Pan 2003	USA	epidura	26.5	20	5-HT3- Ondansetron n - 4 mg	Placebo	0	20		0.10		
Pan 2003	USA	epidura	26.5	20	5-HT3- Ondansetron n - 4 mg	Placebo	2	20		0.15		
Pan 2003	USA	epidura	26.5	20	5-HT3- Ondansetron n - 4 mg	Placebo	1	20		0.05		
Parra-Guiza 2018	Columbia	Spinal		100	5-HT3- Ondansetron n - 4 mg	Placebo	0	100		0.03	100	0
Parra-Guiza 2018	Columbia	Spinal		100	Corticoids- Dexamethasone - 4 mg	Placebo	16	100		0.31	100	16
Parra-Guiza 2018	Columbia	Spinal		100	Corticoids- Dexamethasone - 4 mg	Placebo	48	100		0.54	100	35

Jabalameili 2012	Iran	Spinal	65.3	29.6	Vomiting (and/or retching) postoperatively	Sedatives- Midazolam 30 µg/kg	44	16	5-HT3- Ondansetron - 8 mg	44	15						
Jabalameili 2012	Iran	Spinal	65.3	29.6	Nausea postoperatively	Sedatives- Midazolam 30 µg/kg	44	18	5-HT3- Ondansetron - 8 mg	44	20						
Jabalameili 2012	Iran	Spinal	65.3	29.6	Nausea intraoperatively	Sedatives- Midazolam 30 µg/kg	44	32	5-HT3- Ondansetron - 8 mg	44	27						
Jabalameili 2012	Iran	Spinal	65.3	29.6	Vomiting (and/or retching) intraoperatively	Sedatives- Midazolam 30 µg/kg	44	30	5-HT3- Ondansetron - 8 mg	44	32						
Jain 2015	India	Spinal		30.4	Nausea intraoperatively	5-HT3- Ondansetron n - 4 mg	32	15	Antichol- Glycopyrrolate - 0.2 mg	31	13						
Jain 2015	India	Spinal		30.4	Vomiting (and/or retching) intraoperatively	5-HT3- Ondansetron n - 4 mg	32	5	Antichol- Glycopyrrolate - 0.2 mg	31	6						
Jain 2015	India	Spinal		30.4	Nausea postoperatively	5-HT3- Ondansetron n - 4 mg	32	4	Antichol- Glycopyrrolate - 0.2 mg	31	5						
Jain 2015	India	Spinal		30.4	Vomiting (and/or retching) postoperatively	5-HT3- Ondansetron n - 4 mg	32	1	Antichol- Glycopyrrolate - 0.2 mg	31	2						

Supplementary Table 3: Q statistic to assess consistency under the assumption of a full design-by-treatment interaction random effects model:

	Q	d.f.	P value
1. intraoperative nausea			
Between-designs	7.9	17	0.96
2. intraoperative vomiting			
Between-designs	14.7	17	0.61
3. postoperative nausea			
Between-designs	5.6	10	0.84
4. postoperative vomiting			
Between-designs	8.4	14.0	0.86

**Supplementary Table 4: Results of direct, indirect, and network meta-analyses
Supplementary Table 4-1 Results of *network* on intraoperative nausea**

Comparisons	Number of RCTs	Direct Evidence proportion	NMA	OR derived from direct evidence	OR derived from indirect evidence	Ratio of Ratios	p-value
5HT3 vs Anticholinergic agents	2	0.49	0.95	1.00	0.91	1.09	0.87
5HT3 vs Antihistamines	0	0.00	0.32	.	0.32	.	.
5HT3 vs Corticosteroids	1	0.32	0.76	0.58	0.86	0.64	0.52
5HT3 vs Dopamine receptor antagonists	3	0.30	1.16	0.72	1.42	0.51	0.19
5HT3 vs Placebo	12	0.83	0.31	0.35	0.19	1.76	0.21
5HT3 vs Sedatives	1	0.19	0.72	0.59	0.76	0.78	0.72
Anticholinergic agents vs Antihistamines	0	0.00	0.33	.	0.33	.	.
Anticholinergic agents vs Corticosteroids	1	0.10	0.79	1.00	0.77	1.29	0.83
Anticholinergic agents vs Dopamine receptor antagonists	1	0.10	1.21	0.44	1.35	0.32	0.29
Anticholinergic agents vs Placebo	4	0.77	0.33	0.37	0.23	1.59	0.46
Anticholinergic agents vs Sedatives	0	0.00	0.75	.	0.75	.	.
Antihistamines vs Corticosteroids	0	0.00	2.36	.	2.36	.	.
Antihistamines vs Dopamine receptor antagonists	0	0.00	3.61	.	3.61	.	.
Antihistamines vs Placebo	1	1.00	0.99	0.99	.	.	.
Antihistamines vs Sedatives	0	0.00	2.25	.	2.25	.	.
Corticosteroids vs Dopamine receptor antagonists	2	0.23	1.52	0.62	1.99	0.31	0.11
Corticosteroids vs Placebo	6	0.87	0.41	0.42	0.35	1.21	0.80
Corticosteroids vs Sedatives	1	0.22	0.95	1.40	0.85	1.63	0.54
Dopamine receptor antagonists vs Placebo	15	0.92	0.27	0.24	1.00	0.24	0.04
Dopamine receptor antagonists vs Sedatives	1	0.16	0.62	0.70	0.60	1.16	0.84
Sedatives vs Placebo	8	0.81	0.43	0.44	0.41	1.07	0.90

Supplementary Table 4-2 Results of *netplit* on intraoperative vomiting

Comparisons	Number of RCTs	Direct Evidence proportion	NMA	OR derived from direct evidence	OR derived from indirect evidence	Ratio of Ratios	p-value
5HT3 vs Anticholinergic agents	2	0.50	0.70	0.97	0.51	1.89	0.30
5HT3 vs Antihistamines	0	0.00	0.38	.	0.38	.	.
5HT3 vs Corticosteroids	1	0.20	0.78	0.41	0.92	0.44	0.35
5HT3 vs Dopamine receptor antagonists	3	0.28	1.03	0.65	1.22	0.53	0.34
5HT3 vs Placebo	11	0.82	0.34	0.38	0.22	1.69	0.30
5HT3 vs Sedatives	1	0.25	1.41	1.24	1.48	0.84	0.79
Anticholinergic agents vs Antihistamines	0	0.00	0.54	.	0.54	.	.
Anticholinergic agents vs Corticosteroids	1	0.10	1.11	0.47	1.22	0.38	0.49
Anticholinergic agents vs Dopamine receptor antagonists	1	0.08	1.45	0.47	1.60	0.29	0.37
Anticholinergic agents vs Placebo	4	0.78	0.49	0.67	0.15	4.29	0.03
Anticholinergic agents vs Sedatives	0	0.00	1.99	.	1.99	.	.
Antihistamines vs Corticosteroids	0	0.00	2.05	.	2.05	.	.
Antihistamines vs Dopamine receptor antagonists	0	0.00	2.69	.	2.69	.	.
Antihistamines vs Placebo	1	1.00	0.91	0.91	.	.	.
Antihistamines vs Sedatives	0	0.00	3.69	.	3.69	.	.
Corticosteroids vs Dopamine receptor antagonists	2	0.29	1.31	1.00	1.46	0.68	0.65
Corticosteroids vs Placebo	6	0.89	0.44	0.45	0.38	1.17	0.87
Corticosteroids vs Sedatives	1	0.24	1.80	1.28	2.0	0.63	0.62
Dopamine receptor antagonists vs Placebo	12	0.93	0.33	0.31	0.86	0.36	0.29
Dopamine receptor antagonists vs Sedatives	1	0.13	1.37	2.89	1.23	0.83	0.40
Sedatives vs Placebo	8	0.81	0.24	0.24	0.25	0.95	0.94

Supplementary Table 4-3 Results of *netsplit* on postoperative nausea

Comparisons	Number of RCTs	Direct Evidence proportion	NMA	OR derived from direct evidence	OR derived from indirect evidence	Ratio of Ratios	p-value
5HT3 vs Anticholinergic agents	1	1.00	0.74	0.74	.	.	.
5HT3 vs Antihistamines	0	0.00	1.00	0.00	1.00	.	.
5HT3 vs Corticosteroids	1	0.26	0.72	1.00	0.64	1.55	0.55
5HT3 vs Dopamine receptor antagonists	2	0.36	0.57	0.45	0.65	0.70	0.59
5HT3 vs Opioid antagonist	1	0.79	0.44	0.52	0.22	2.31	0.56
5HT3 vs Placebo	10	0.87	0.25	0.27	0.15	1.71	0.40
5HT3 vs Sedatives	1	0.46	1.53	1.20	1.87	0.64	0.62
Anticholinergic agents vs Antihistamines	0	0.00	1.35	.	1.35	.	.
Anticholinergic agents vs Corticosteroids	0	0.00	0.97	.	0.97	.	.
Anticholinergic agents vs Dopamine receptor antagonists	0	0.00	0.76	.	0.76	.	.
Anticholinergic agents vs Opioid antagonist	0	0.00	0.59	.	0.59	.	.
Anticholinergic agents vs Placebo	0	0.00	0.34	.	0.34	.	.
Anticholinergic agents vs Sedatives	0	0.00	2.06	.	2.06	.	.
Antihistamines vs Corticosteroids	1	0.29	0.71	0.33	0.97	0.34	0.22
Antihistamines vs Dopamine receptor antagonists	2	0.56	0.56	0.44	0.77	0.56	0.46
Antihistamines vs Opioid antagonist	0	0.00	0.43	.	0.43	.	.
Antihistamines vs Placebo	4	0.87	0.25	0.29	0.07	3.80	0.17
Antihistamines vs Sedatives	0	0.00	1.51	.	1.51	.	.
Corticosteroids vs Dopamine receptor antagonists	0	0.00	0.79	.	0.79	.	.
Corticosteroids vs Opioid antagonist	0	0.00	0.61	.	0.61	.	.
Corticosteroids vs Placebo	6	0.93	0.35	0.35	0.30	1.19	0.86
Corticosteroids vs Sedatives	0	0.00	2.12	.	2.12	.	.
Dopamine receptor antagonists vs Opioid antagonist	0	0.00	0.77	.	0.77	.	.
Dopamine receptor antagonists vs Placebo	7	0.89	0.44	0.43	0.59	0.72	0.70
Dopamine receptor antagonists vs Sedatives	0	0.00	2.68	.	2.68	.	.
Opioid antagonist vs Placebo	1	0.78	0.57	0.68	0.29	2.29	0.56
Opioid antagonist vs Sedatives	0	0.00	3.45	.	3.45	.	.
Sedatives vs Placebo	3	0.60	0.16	0.13	0.21	0.64	0.62

Supplementary Table 4-4 Results of *netplit* on postoperative vomiting

Comparisons	Number of RCTs	Direct Evidence proportion	NMA	OR derived from direct evidence	OR derived from indirect evidence	Ratio of Ratios	p-value
5HT3 vs Anticholinergic agents	2	0.83	0.99	0.92	1.38	0.67	0.77
5HT3 vs Antihistamines	0	0.00	1.26	.	1.26	.	.
5HT3 vs Corticosteroids	1	0.03	0.53	1.00	0.53	1.89	0.76
5HT3 vs Dopamine receptor antagonists	2	0.26	0.56	0.52	0.57	0.91	0.90
5HT3 vs Opioid antagonist	1	0.83	0.43	0.68	0.04	14.38	0.17
5HT3 vs Placebo	10	0.90	0.29	0.32	0.10	3.06	0.19
5HT3 vs Sedatives	1	0.54	2.21	0.90	3.25	0.14	0.06
Anticholinergic agents vs Antihistamines	0	0.00	1.26	.	1.26	.	.
Anticholinergic agents vs Corticosteroids	0	0.00	0.54	.	0.54	.	.
Anticholinergic agents vs Dopamine receptor antagonists	0	0.00	0.56	.	0.56	.	.
Anticholinergic agents vs Opioid antagonist	0	0.00	0.43	.	0.43	.	.
Anticholinergic agents vs Placebo	1	0.69	0.29	0.24	0.43	0.57	0.63
Anticholinergic agents vs Sedatives	0	0.00	2.22	.	2.22	.	.
Antihistamines vs Corticosteroids	1	0.44	0.42	0.32	0.52	0.62	0.64
Antihistamines vs Dopamine receptor antagonists	1	0.42	0.44	0.30	0.57	0.53	0.54
Antihistamines vs Opioid antagonist	0	0.00	0.34	.	0.34	.	.
Antihistamines vs Placebo	3	0.82	0.23	0.32	0.05	6.42	0.13
Antihistamines vs Sedatives	0	0.00	1.75	.	1.75	.	.
Corticosteroids vs Dopamine receptor antagonists	1	0.22	1.04	1.78	0.90	1.97	0.43
Corticosteroids vs Opioid antagonist	0	0.00	0.80	.	0.80	.	.
Corticosteroids vs Placebo	7	0.94	0.54	0.52	1.03	0.50	0.57
Corticosteroids vs Sedatives	0	0.00	4.10	.	4.10	.	.
Dopamine receptor antagonists vs Opioid antagonist	0	0.00	0.76	.	0.76	.	.
Dopamine receptor antagonists vs Placebo	9	0.93	0.52	0.53	0.35	1.48	0.68
Dopamine receptor antagonists vs Sedatives	0	0.00	3.93	.	3.93	.	.
Opioid antagonist vs Placebo	1	0.72	0.67	1.27	0.13	9.58	0.17
Opioid antagonist vs Sedatives	0	0.00	5.11	.	5.11	.	.
Sedatives vs Placebo	3	0.53	0.13	0.05	0.36	0.14	0.06

